

Servicing Whitehorse on a Monday, Wednesday, Thursday & Friday!
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED
INGREDIENTS, ALLERGEN INFO ETC ARE ON 'OUR MENU' PAGE OF WEBSITE

# **LUNCH ITEM ONE**

#### **SALADS**

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)
Pic(k)nic Box with a Whole Egg (GF)
Steamed Veg: Corn wheels, Broccoli & Carrot
Mexican Inspired Salad (V, GF)
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)
Main course of Fresh Fruit Salad (V,GF)

# SUSHI/RICE PAPER ROLLS

Teriyaki Chicken Hand Rolls (2) Cooked Tuna Hand Rolls (2) Avocado Hand Rolls (2)

Cucumber Hand Rolls (2)

Vegetarian Hand Rolls (2)

Tofu Hand Rolls (2)

Rice Paper Rolls – Vegetarian (2)

# **BAKERY**Cheese and Bacon Roll

Cheese and Vegemite Scroll (w/m)

SCROLL with Ham & Cheese
Semi Dried Tomato and Olive ROLL

Topped with Only Cheese Roll

GOZLEME - Lamb & Beef (H)

E – Mushroom & Spinach (NO CHEESE)

GOZLEME – Mushroom & Spinach (NO CHEESE) (Vegan)
GOZLEME - Spinach and Cheese (V, H)

#### **BAKED FRESH PIZZAS**

(PLEASE NOTE: Baked this morning -Served at room temp)

Margherita Pita Pizza

Ham and Pineapple Pizza Slice

## SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich Gluten Free Ham & Cheese Sandwich (GF) Simple Salad Roll (V)

Cucumber & Ham Sandwich (GF)

Vegemite Sandwich (2)

Mild Salami and Salad Roll

Plain Cheese Sandwich (2)

Roast Beef, Fruit Chutney, Cheese and Lettuce Roll

Cheese and Salad Roll

Wholegrain ROLL with Cheese and Tomato WRAP (GF, DF) Ham and Salad

Wholegrain Ham and Cheese Sandwich Chicken MAYO and Lettuce Roll (H)

Garden Salad Wrap (GF,DF,V)

# **LUNCH ITEM TWO/THREE**

# FRESH FRUIT & VEG

Freshly chopped Strawberries with Grapes
Fresh Fruit Combo
Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
Sugar Snap Peas, Beans & Cherry Tomatoes
Cantaloupe & Honeydew pieces
Freshly chopped Watermelon Pieces
Edamame (Lightly Salted)

Cherry Tomatoes with Tasty Cheese & Rice Crackers Freshly chopped Orange Segments Whole Fruit – Banana

#### YOGHURT/BOWLS

Dairy Farmers - Strawberry Yoghurt
Dairy Farmers - Classic Vanilla Yoghurt
Chia Bowl with Banana, Coconut & Strawberries
Stewed Rhubarb & Apple with Custard (V)

#### **BAKED GOODS**

Choc Chip Cookie
Cornflake Cookie
Finger Bun with Sprinkles
Hedgehog Slice
Choc Cup Cake (GF,DF)
Blueberry Muffin
Hot X Bun
Jam Drop Biscuit (GF, NF, H)

### **DIPS & CRACKERS**

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers Spicy Capsicum Dip with Rice Crackers

## POPCORN/SNACKS

Dried Fruit Medley with Yoghurt Sultanas
Popcorn - Lightly Salted
Popcorn - Slightly Sweet, Lightly Salted
Roasted Chick Peas.
Lime & Black Pepper Chick Peas
Balsamic & Sea Salt Fav'va Beans

#### **DRINKS**

Nippy's Chocolate Milk Full Cream Milk Apple Juice Orange Juice Strawberry (Lactose Free) Milk So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au